

# THE TORCH<sup>®</sup>

WINTER 2016

**Joel T. Allison: Remarkable Service for  
Nearly 25 Years, p. 6**

**Let's Move Mountains**

 **BAYLOR**  
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FOUNDATION

BAYLOR HEALTH CARE SYSTEM FOUNDATION

# ANNUAL FUND

2016



Our highest calling at Baylor Health Care System Foundation – the purpose that drives us every day – is to promote and improve lives. The word “let’s” is an open invitation for others to join our cause. The measurable success of moving these mountains relies on dedicated and compassionate individuals, such as YOU.

Please join us by making a gift to  
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Let's Move Mountains





**You can help us move mountains for premature babies like Harlen and Hadley Mae. For weeks, their home was an NICU incubator - before going home to family - and their own cribs.**

**You can help us move mountains for patients like Kareen. He received a heart transplant, and every new day is a day he didn't have - a day to give back.**



**You can help us move mountains for residents like Dr. Klein. He is being trained to pay it forward - to create that sacred trust by treating untold thousands during his career.**

**You can help us move mountains for mothers battling breast cancer, like Mary. After her successful clinical trial, she is on the road to recovery.**





## ➡ From the President

My team-mates know my secret. I love music. All kinds of music. To be more specific, I have 12,456 songs on my playlist.

That's why I was fascinated by a recent article in *The New York Times* entitled, "My Deathbed Playlist." I am very familiar with end-of-life planning, health care proxies and powers of attorney, but NOT with a "deathbed playlist." The author suggests that many of us plan for the music at our funerals but before then, "many of us will face a time when we are still able to experience music but can no longer choose it for ourselves." Hence, the opportunity to create a *musical* will.

"A musical will?" you ask. Why, yes. A personalized playlist for the end of life.

Music is one of our oldest forms of communication. It overcomes differences. Henry Wadsworth Longfellow said, "Music is the universal language of mankind." Even without words, music can convey stories and evoke strong emotions. Music has the capacity to touch us deeply.

Humans have the unique ability to reflect on our past and enjoy memories. Music can be a powerful highway to transport us back to a specific moment in time.

At Baylor Scott & White Health, we believe in the power of music in both healing and palliative care. Through our **Arts in Medicine** program – which is funded almost entirely by philanthropy

– we incorporate certified music practitioners into our clinical care. These men and women are specially trained musicians who provide live music at a patient's bedside. Their work is focused on bringing comfort to the patient's whole being – physical, emotional and spiritual. Just one year ago, the average number of monthly requests for music practitioners was approximately 340. Today, we receive up to 1,500 requests. That's powerful. It is a need we feel we must continue to meet.

Research suggests that music can reduce heart rates, enhance sleep, help with pain, reduce anxiety and decrease muscle tension.

Music can also provide benefits at the end of life. Our music practitioners will play for our patients when death is eminent – creating a transcendent peace as one slips from this world. Our music practitioners are amazing – they have the ability to adapt their live music to mirror – to change with the varying rhythms of the dying process.

The music that gave our lives meaning can bring comfort at the end. So why not empower those around us with a list of "our songs"? Even those who love us won't know *all* the music we love.

So, what's on your Last Playlist?

**Rowland K. Robinson**

**President, Baylor Health Care System Foundation**  
[Rowland.Robinson@BSWHealth.org](mailto:Rowland.Robinson@BSWHealth.org)

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## Joel T. Allison: Remarkable service for nearly 25 years

As **Joel T. Allison** transitions into retirement on his 69th birthday (February 1, 2017), it's natural to wonder: What are his favorite memories? What will he miss most about Baylor Scott & White Health?

But, when he's pushed for answers, he muses—and this is understandable. The system he has called home for more than 23 years has been through a lot. After thinking about it just a moment, he smiles and sums up what he'll miss most in two words: *the people*.

"I will never forget the memories I have had with the people here – seeing what they do in action," said Joel, who joined Baylor Health Care System in 1993. "That's one of my favorite topics to talk about – the great things our people do every day."

One memory that comes to mind is when he saw an environmental services employee praying with a patient's family. Joel was headed to visit the family of a prominent Dallas businessman receiving care at Baylor. Joel noticed that the patient's wife was upset. At the same time, the environmental services worker also saw that the woman seemed distraught.

"I think you probably have somebody, a husband, who is a patient here?" the employee asked. The woman replied, "Yes." Then the employee simply asked, "Could I pray with you?"

"The woman was touched that this person would make that effort," Joel said. "That's what I love about Baylor – people just do what's in their hearts. This heartfelt effort is applied whether they are caring for the most prominent citizens of Dallas or caring for a homeless person."

This type of compassionate care reflects what employees see in their leader. "Joel's legacy will always be centered on that faithful, sacred trust with the patient," said **Rowland K. Robinson**, president of the Baylor Health Care System Foundation. "He's patient-centric. It's in his head and in his heart."

Joel's passion extends from his interactions with patients to his dealings with the board. "Integrity and servant leadership are the two things I think of most when I think of Joel. There's no air about him; he does what he says in a very humble way," said **Jim L. Turner**, chairman, Baylor Scott & White Holdings Board of Trustees. "At the same time, he is the quintessential CEO. He respects the role of the board, and the board respects the role of the CEO, so it's just been a great working relationship."

### **Weathering Complicated Changes**

On his watch, Baylor Scott & White Health has grown tremendously to become the largest nonprofit health

system in the state, which includes some 6,000 affiliated physicians and 44,000 employees. He has navigated major changes to the health care landscape during this time, including health care reform, the shift toward population health management and an increasingly complex regulatory environment.

As Joel has steered through these changes, his colleagues say that he has also paved the way for Baylor's new CEO. **Jim Hinton** begins his new role in January 2017.

"Replacing Joel Allison will be akin to replacing Tom Landry," said **Albert Black**, member, Board of Trustees, Baylor Scott & White Holdings. "But after Landry was replaced, the Cowboys won two Super Bowls within five years – and that's not bad. Joel has put a succession plan in place for the organization to reach new heights and that is the mark of a real leader."



*“Joel’s legacy will always be centered on that faithful,  
sacred trust with the patient. He’s patient-centric.  
It’s in his head and in his heart.”*

— ROWLAND K. ROBINSON, PRESIDENT  
BAYLOR HEALTH CARE SYSTEM FOUNDATION

## Jim Hinton joins Baylor Scott & White Health as new CEO

Following a national search, the Baylor Scott & White Holdings Board of Trustees announced the appointment of **James H. “Jim” Hinton** as the next president and chief executive officer of Baylor Scott & White Health, effective Jan. 16, 2017. Jim, a recognized leader with more than two decades of CEO experience, comes to Baylor Scott & White from Presbyterian Healthcare Services, a private, not-for-profit health care system in New Mexico.

Jim will succeed retiring President and CEO **Joel T. Allison**, whose servant leadership has served the organization for 23 years.

Jim has worked in his current role at Presbyterian since 1995, and has been with the organization since 1983. Known for helping to build Presbyterian into a model integrated delivery network, Jim guided the growth in the Presbyterian Health Plan, which now serves more than 470,000 lives. He was also deeply involved in building the Presbyterian Medical Group — a practice of more than 800 providers. During his tenure, he drove clinical quality and disciplined management processes, and he developed new models of care, which garnered national attention.

“During this time of incredible change in health care, Jim brings exceptional experience that will help move us into the future,” said **Jim L. Turner**, chairman, Baylor Scott & White Holdings Board of Trustees. “He is one of the few health system leaders in the country who has successfully navigated an organization from a focus on volume to a focus on value; and beyond his impressive accomplishments, those he leads are quick to say he is best known for promoting a caring culture.”

Jim is also recognized nationally for his exceptional leadership in the community. He served on the Board of Trustees of the American Hospital Association from 2011 through 2015. In 2014, he was the chair of the organization that represents nearly 5,000 hospitals, health care systems, networks and other providers of care through advocacy and public policy.

“I have always been impressed with Baylor Scott & White’s reputation for high-quality care, for its dedication to its mission, its service to its communities and its innovative strategies,” said Jim. “I am honored to now be in a position to help continue



Jim Hinton

*“During this time of incredible change in health care, Jim brings exceptional experience that will help move us into the future,”*

– JIM L. TURNER, CHAIRMAN,  
BAYLOR SCOTT & WHITE HOLDINGS  
BOARD OF TRUSTEES

to advance the organization and its move toward population health.”

Jim has received a number of leadership awards during his career, and he was named one of the “100 Most Influential People in Healthcare” by *Modern Healthcare* magazine in 2013 and 2014. He holds a master’s degree in health care administration from Arizona State University and a bachelor’s degree in economics from the University of New Mexico.



# Lee Jarmon Alzheimer's Pro Am Golf Tournament benefits Baylor AT&T Memory Center

This fall Rowland K. Robinson, president of Baylor Health Care System Foundation, gratefully received a check for \$145,000 in support of the Baylor AT&T Memory Center. The check represented proceeds from the Lee Jarmon Alzheimer's Pro Am Golf Tournament at Gleneagles Country Club, chaired by Steve Folsom and Matt Bryan.

Baylor Scott & White Health serves a population of more than 9.3 million Texans in North and Central Texas. As this population ages, health care providers are challenged to provide medical support for patients afflicted with dementia and Alzheimer's disease.

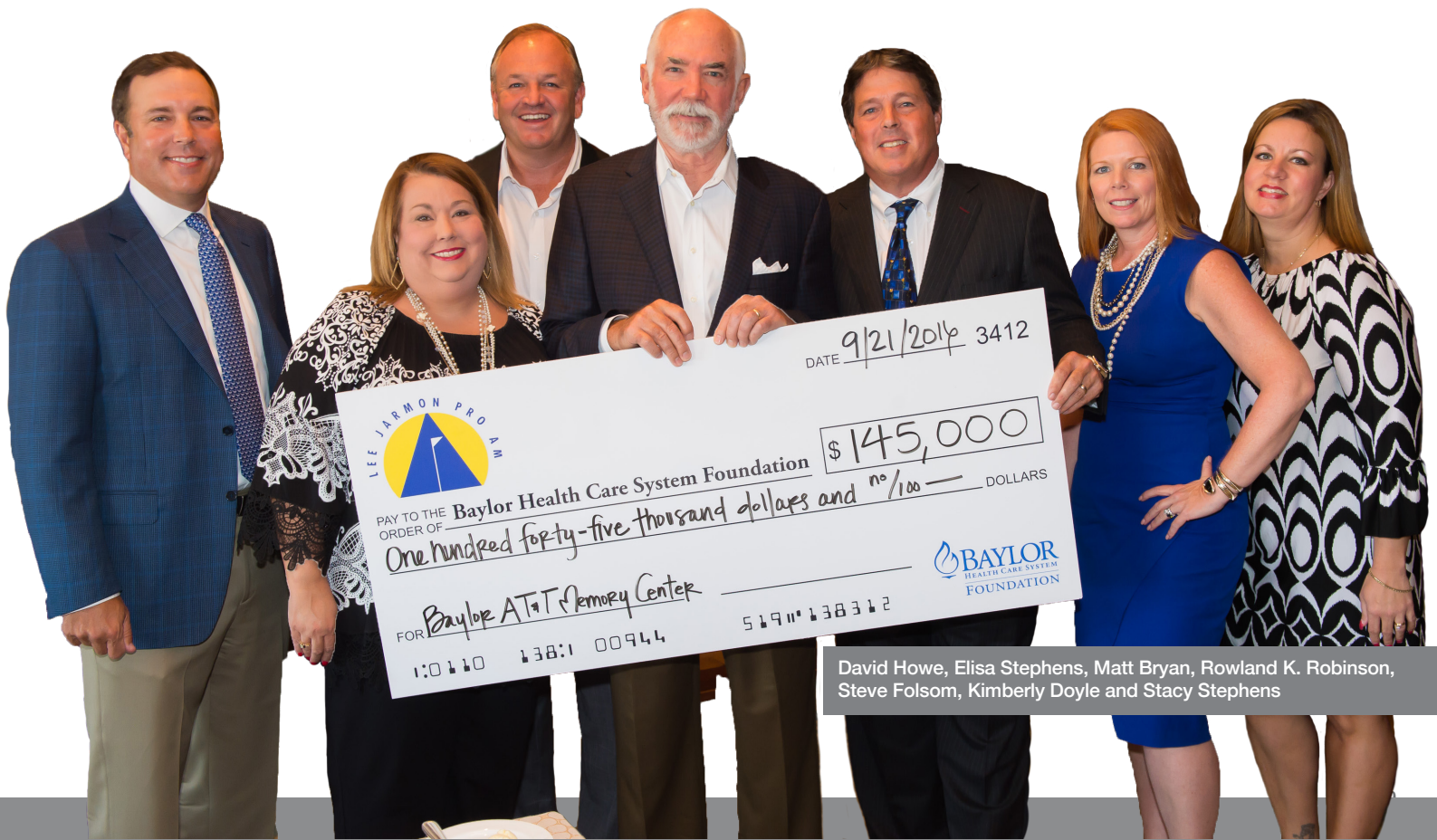
In 2013, philanthropic support launched the Baylor AT&T Memory Center, an innovative model of care that provides important, enhanced capabilities and resources to diagnose, treat, and provide social, emotional, and spiritual support for patients afflicted with Alzheimer's and dementia and their families.

"Aging is inevitable, but aging well is not," said Rowland. "Thanks to the generosity of donors and organizations like the Lee Jarmon Golf Tournament, the Memory Center is able to connect patients and families in North Texas with the team, tools and support they need

to navigate this complicated, devastating disease."

It was the 28th anniversary of the Lee Jarmon Alzheimer's Pro Am Golf Tournament and the first year the Foundation has been selected as beneficiary. Lee Jarmon was a successful business and family man who was diagnosed with Alzheimer's in the 1980s.

For more information about the Baylor AT&T Memory Center, contact Tim Moore at 214.820.7877 or [Timothy.Moore@BSWHealth.org](mailto:Timothy.Moore@BSWHealth.org).



David Howe, Elisa Stephens, Matt Bryan, Rowland K. Robinson, Steve Folsom, Kimberly Doyle and Stacy Stephens

## Gifts from Meadows Foundation and Colonna family have tails wagging

On the anniversary of its first year in operation, the Canine Companions for Independence® Baylor Scott & White Health – Kinkeade Campus received two generous gifts that will help pair trained assistance dogs with people with disabilities.

**Joe and Kimberly Colonna** recently gave \$100,000 and the Meadows Foundation, which has a special interest in both companion animals and programs serving the disabled, gave \$150,000 in support of Canine Companions.

After attending a Baylor Health Care System Foundation board meeting where they learned about the program, Kimberly Colonna and her husband were inspired to

provide support. The Colonnas also decided to train a puppy for the program, a yellow Labrador named Atlas.

“I’ve been a community volunteer for years, but this is far and away the best thing I’ve ever done,” said Kimberly, who with her family raised Atlas for 16 months. They recently sent him on for professional training through the program.

Baylor Scott & White Health affiliated with Canine Companions in 2014. The nine-acre campus opened in November 2015 and includes dormitory rooms, kennels, indoor and outdoor training areas, and multipurpose spaces. It also has areas for grooming, food preparation, and a veterinary clinic and lab.

The average cost to train and provide follow-up services for one assistance dog is more than \$50,000. The dogs are provided free of charge to people with physical or developmental disabilities, so this philanthropic support is important.



Kimberly Colonna, Atlas; back row (left to right): Damon, Maggie, Michael, Lucy and Jack Colonna

Each participant completes a two-week course at the campus – designed to match the person and the dog, and to prepare them to work together while becoming responsible for the care, feeding, housing and medical needs of the dog.

We continue to raise funds to develop and support the Kinkeade Campus.

For more information on Canine Companions for Independence at Baylor Scott & White Health – Kinkeade Campus, please contact Sarah Burdi at 214.820.4721 or [Sarah.Burdi@BSWHealth.org](mailto:Sarah.Burdi@BSWHealth.org).



The Meadows Foundation gift will be recognized on the Canine Companions for Independence Baylor Scott & White Health – Kinkeade Campus van.

## Baylor honors distinguished legacy of the late Dr. Perry Gross

For more than 50 years, **Perry Edward Gross, M.D.**, was a distinguished family medicine physician in Dallas. At an intimate reception in October, family members, friends, patients and colleagues gathered to honor him, celebrate his wonderful life and remember his legacy.

“Dr. Gross’ contributions to Baylor and Dallas were innumerable,” said Rowland K. Robinson, president of Baylor Health Care System Foundation. “He made an impact on all the lives he touched as a physician, teacher, husband, father, colleague and friend. These were all roles he took seriously, and relished. Not only will he be remembered as a compassionate physician, but as a friend who left a lifelong impression on all those who were lucky enough to know him.”

Dr. Gross came to Dallas in 1952, with his wife Harriet, to start a family practice. He held significant roles at Baylor University Medical Center at Dallas, including serving as chairman of the department of family medicine for more than 32 years until his retirement in 2007. He continued to be involved as special assistant to the president of the Foundation until 2013.

Throughout his decades of service and leadership, Dr. Gross became a beloved physician and provided the



Harriet and Dr. Perry Gross

*“Not only will Dr. Gross be remembered as a compassionate physician, but as a friend who left a lifelong impression on all who were lucky enough to know him.”*

– ROWLAND K. ROBINSON, PRESIDENT  
BAYLOR HEALTH CARE SYSTEM FOUNDATION

best care for his patients by combining empathy with exceptional medical expertise. Numerous gifts were made in his honor over the years, and in 2005, his care was recognized through a generous gift from **Linda and Mitch Hart**, which established the Dr. Perry Gross Chair in Family Medicine in his honor.

In a 2008 interview with *BUMC Proceedings*, Dr. Gross remarked, “Although lecturing and teaching have given me much satisfaction, I am most proud of the fact that I was able to help people in my practice for

so many years. I’ve always felt that taking care of patients on a one-to-one basis is a sacred trust. Where else does one really entrust one’s life, one’s feelings, one’s problems? As a physician, you have the key, and that is the greatest satisfaction I’ve had. The personal one-on-one relationships with my patients, the enduring love of my wife, and the challenge of children and grandchildren have made my life uniquely rewarding. Nothing else is terribly important.”

Michael Lewis





**Michael, a.k.a., “Late Night,” Lewis** knows a good opportunity when he sees it. Case in point: in the midst of the Great Recession, he and three partners launched Velocis, a national real estate equity fund focused on office space, retail, data centers and medical offices. It may not have been the easiest time to launch a new fund, but seizing the opportunity at the right time has paid off for Velocis, which successfully closed its second fund this past July. Since 2010, Velocis has purchased nearly two dozen properties located in major markets in Texas, Colorado, Georgia, Florida, Arizona, Virginia and North Carolina.

“I love dealing with tangible assets. I’ve always liked the challenge of finding a property that is undervalued or broken in some way and identifying opportunities to unlock hidden value. We look at what kind of creative capital improvements we can make to improve an asset for the user, and ultimately, take it from a dormant state to its peak performance,” Mike said.

When it comes to investing his time outside of work, he’s also open to good opportunities. After Rowland K. Robinson, president of Baylor Health Care System Foundation, invited Mike to join the board, he considered it carefully and decided it was a good fit: “I wanted to make sure that my passion would truly be behind it,” he said. “I

love the fact that Baylor Scott & White Health is a faith-based organization. That’s key. And the more research I did, the more it confirmed that Baylor is the type of organization I want to be affiliated with,” Mike said.

It helped, too, that Baylor was a familiar name to him while growing up in Paris, Texas. His father, a general surgeon, often referred his patients with complex needs to Baylor.

Since joining the Foundation board in 2013, Mike has enjoyed his role as a member. “Baylor has all the things that I look for in a first-class, top-rate system. Not only is Baylor’s patient-centric mission noble, its mission from a business perspective is also very solid.”

### **What brought you to Dallas?**

I got my B.B.A. from The University of Texas in Austin in 1982. After I graduated, I had friends moving in all different directions. I looked at all the major cities in Texas, and it turned out that the best business opportunity I had was in Dallas. I’ve been here ever since.

### **What was the business opportunity?**

It was a real estate development company, and they wanted to bring me in to handle the marketing side of it.

### **What type of career would you have if you had not pursued real estate investment?**

I’ve always liked investing. If it wasn’t in real estate, it’d be something else. Maybe oil and gas.

### **Tell our readers about your family.**

I married my wife, **Lisa**, in 1987, and we have three children. We have **Ellie** and **Courtney**, who are twins. Ellie teaches at Peak Preparatory near the Baylor campus, and Courtney is currently studying to be a physician’s assistant at Baylor School of Medicine in Houston. Our youngest, **Katie**, is studying communications in college. All three of my kids went to The University of Texas.

### **What sorts of things do you enjoy doing when you’re all together?**

We have always loved sports. Our kids were very active in sports throughout high school, and I think all five of us love The University of Texas football and basketball teams. And the four of them love the “sport” of shopping. I let them do that on their own.

### **Do you serve on any other boards?**

I do. I’m involved in the Salesmanship Club of Dallas. I’m on the Dallas Country Club Board of Governors, and I’m on the Benchmark Bank board. I’m also on the executive committee of the Chancellor’s Council at The University of Texas.

### **What book has been most influential in your life?**

The Bible. My favorite book that I read on a consistent basis is Psalms. It’s very calming to me because David really struggled with a lot of things and yet had a heart for God. It’s good at grounding me. Of course, if I could only read one book, it would be the Gospel of John.

# Grand Rounds raises \$290,000 for graduate medical education

The 15th anniversary Baylor Health Care System Foundation **Grand Rounds® Golf Tournament**, held at the Northwood Club, had a record-breaking year, with 229 golfers raising more than \$290,000. Since the first tournament, Grand Rounds has raised nearly \$3 million toward Baylor's medical education initiatives. For the eighth consecutive year, **Bank of Texas** was the presenting sponsor.

Funds raised through the annual fall tournament support undergraduate and graduate medical education at Baylor University Medical Center at Dallas.

A recognized leader in the training of medical professionals since 1903, Baylor Dallas trains nearly 240 residents and fellows in 31 specialties



each year — ranging from internal medicine to vascular surgery to pathology. In order for Baylor to continue to offer high-quality medical educational programs that help secure the future health of our community, donor support is critical.

Platinum sponsors included **Duke Realty, The David B. Miller Family Foundation** and **Western Extrusions**. Gold sponsors this year included **Baylor Institute for Rehabilitation, Northern Trust** and **Vizient**.

“We are grateful to our generous

sponsors and donors who helped make this another successful year for our tournament,” said Rowland K. Robinson, Foundation president. “Their support will help us secure the future of our community by training the best and brightest minds to practice safe, quality, compassionate health care.”

For more information about Baylor's medical education initiatives, contact Susan McSherry at 214.820.3417 or Susan.  
[McSherry@BSWHealth.org](mailto:McSherry@BSWHealth.org).



Fred Ball, Joel T. Allison, Bo Bain, Dan Easley and Norm Bagwell at the 2016 Grand Rounds Golf Tournament

## DHWI Healthy Harvest Fun Walk/5K Run & Diabetes Expo

The seventh annual *Diabetes Health and Wellness Institute (DHWI) Healthy Harvest Fun Walk/5K Run & Diabetes Expo* brought together supporters to raise awareness and generate funding for the newly renamed Baylor Scott & White Health and Wellness Center at Juanita J. Craft Recreation Center. The event received support from many generous sponsors, including presenting sponsor, **Vizient**, and founding sponsor, **OTSL Charities**. The Fun Walk raised more than \$140,000 for the Institute's diabetes

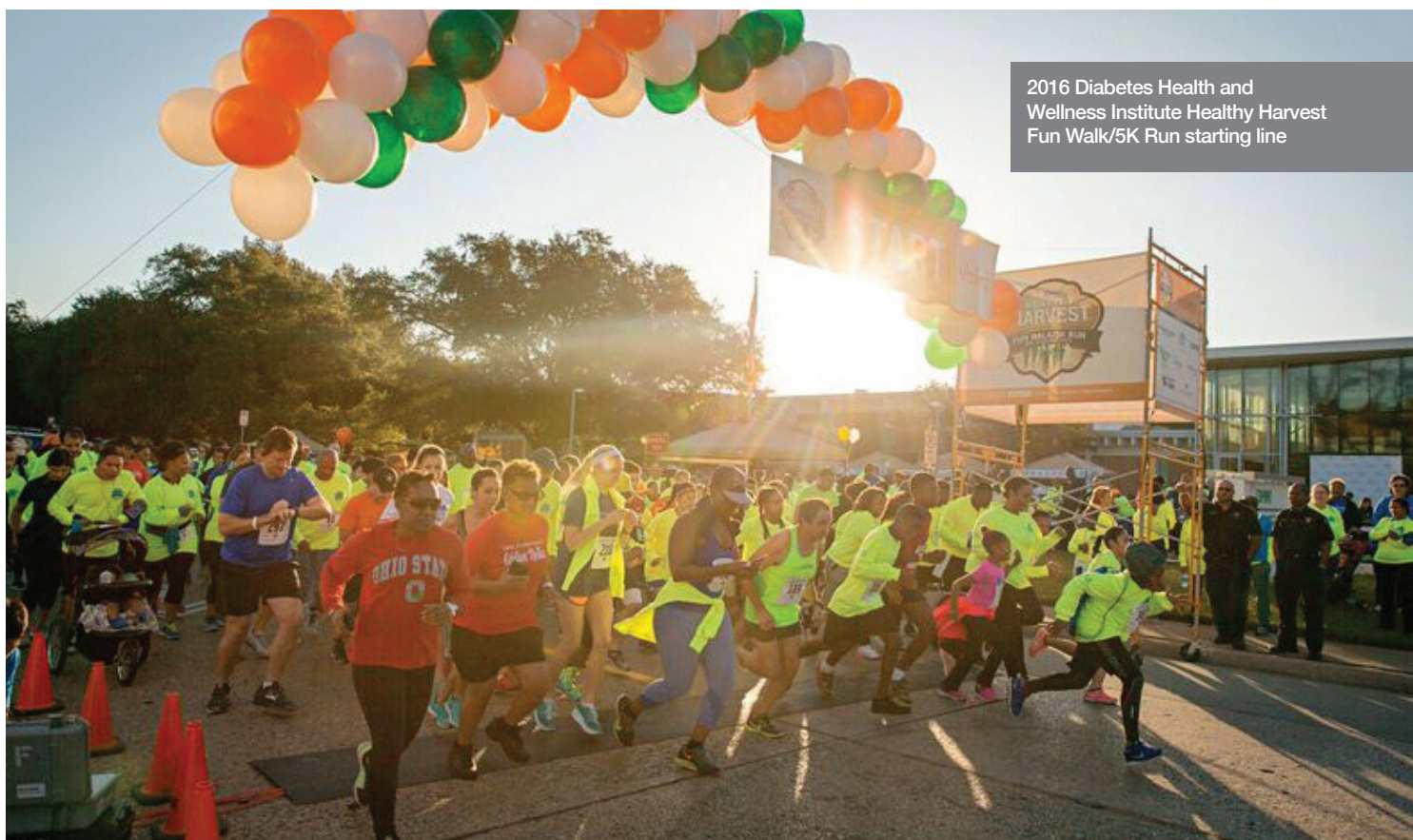
self-management and wellness programs, education initiatives and outreach projects.

Founded in 2010, DHWI is a collaboration between Baylor Scott & White Health and the City of Dallas, to provide access to quality health care and disease prevention services to this high-risk community. Residents in surrounding ZIP codes are three times more likely to die from diabetes compared to those living in other areas of Dallas.

Prior to DHWI's opening, the area lacked services that are essential to living healthy, such as access to doctors' offices or hospitals, healthy food options and grocery stores, exercise programs and affordable transportation. By providing access to

a health care team, including a physician, nurses, care coordinators and diabetes education specialists, the results speak for themselves. Since opening, more than 6,000 community members have participated directly in DHWI programs, and as of September 30, 2016, 40 percent of the Institute's members who have diabetes have achieved optimal blood sugar levels, and 75 percent have reached optimal blood pressure control.

For more information about DHWI, contact Amy Monday at 214.820.4771 or [Amy.Monday@BSWHealth.org](mailto:Amy.Monday@BSWHealth.org).



2016 Diabetes Health and Wellness Institute Healthy Harvest Fun Walk/5K Run starting line



# FOCUS *on Research*

## Small intestines rock! And finally get some well-deserved respect

To get a good look at our digestive system, gastroenterologists can go in from the top with an endoscopy, or from the bottom with a colonoscopy.

But what about the middle — several feet located in our small intestine? This area is a little trickier to access, and the current methods for examining it have room for improvement. That's where the research of **Daniel DeMarco, M.D.**, medical director for digestive disease technology at Baylor University Medical Center at Dallas, comes into play.

Though many digestive problems can be found in the “top” or “bottom” of the digestive system, some are found in the small intestine. These can include bleeding, infections, intestinal obstructions, intestinal cancer and more.

“The type of patients we see most often are those with unexplained anemia,” Dr. DeMarco said. “They keep on losing blood from their gastrointestinal system, but they don't have ulcers, they don't have a

hiatal hernia, and they don't have colon polyps causing it. Quite often, these patients have been undiagnosed for months and months and keep on requiring transfusions, and ultimately, they're sent here.”

### Scoping Out Scopes

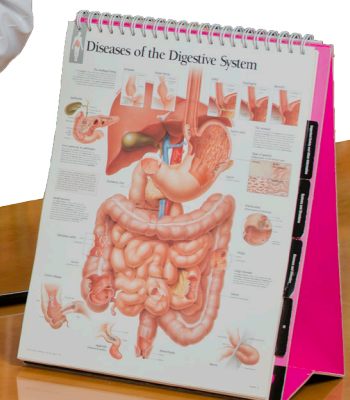
The current methods for viewing the small intestine aren't perfect. Capsule endoscopy, for example, requires patients to swallow a vitamin-sized capsule containing a tiny camera. It takes pictures all the way down the digestive tract, “but, it's not a direct look,” Dr. DeMarco said. “Sometimes you're looking forward. Sometimes you're looking backward.

And sometimes you miss things.” This method takes about eight hours, and it cannot remove polyps or take biopsies.

More recently, engineers have developed advanced scopes that allow gastroenterologists to access the entire small intestine. The new technology works by pulling the small intestine up around the scope, as opposed to pushing the instrument through the intestine.

### A 30-Minute View of the Small Intestine

Dr. DeMarco has worked closely with one of the companies that developed these scopes. About five years ago, an engineer from the company told him about some improvements he was considering for the scopes. Engineers took apart an older scope and placed a motor about the size of an index finger into





the handle. The motor turns a cable that runs down inside the scope to a bushing on the end of the scope turning a spiral segment.

“The cable inside the scope is kind of like a speedometer cable,” Dr. DeMarco said.

After several iterations, Olympus, the company that now makes the scope, submitted it to the Food and Drug Administration, where it received preliminary approval (a step before it is fully FDA approved).

The Baylor Research Institute Institutional Review Board (IRB) has approved its use for a research trial

here and earlier this year, Dr. DeMarco began using the scope on patients. About six patients have undergone endoscopy with the scope, and Dr. DeMarco expects that number to triple by the end of the year. Two other centers — the University of Massachusetts and the University of Florida in Gainesville — are also enrolling patients in the trial.

“The company’s next step is to get this approved by the FDA,” Dr. DeMarco said. “And then get it manufactured and have one in every major medical center.”

**SAVE** *the* **DATE**

**February 25, 2017**

**AGING MIND  
FOUNDATION GALA**

AT THE JOULE HOTEL

*Benefitting the Baylor AT&T Memory Center*

[agingmindfoundation.org](http://agingmindfoundation.org)

**May 8 – 10, 2017**

**CANCER BLOWS  
MUSICAL EVENTS**

AT THE MORTON H. MEYERSON SYMPHONY CENTER

*Benefitting Baylor Health Care System Foundation*

[cancerblows.com](http://cancerblows.com)

**Send a holiday tribute card to a friend or family member today.**



**When you make a donation of \$25 or more to Baylor Health Care System Foundation in honor of a friend or family member this holiday season, he or she will receive a beautiful holiday tribute card announcing your gift. These holiday tribute cards are the perfect way to let someone know you care ... and to help a great cause at the same time.**



### Life Savings, Saving Lives helps donors create a legacy at Baylor

***Life Savings, Saving Lives*** is the tagline for Baylor Health Care System Foundation's Gift Planning program. We work with individuals interested in making planned gifts – donations that require more thought and planning to execute. Planned gifts can take many forms: simple bequests in a will or trust, gifts from retirement assets and IRAs, insurance proceeds, charitable gift annuities and charitable remainder trusts. They can also involve current gifts from non-cash assets like securities, real estate, closely-held businesses and charitable IRA rollovers.

***Life Savings, Saving Lives*** is what you and I do when we give back to thank nurses, doctors, researchers, to thank Baylor for changing the courses of our lives and the lives of those we love. For holding our babies as they take their first breaths. For holding our hands as we embark on our first rounds of chemo; for helping us manage pain and anxiety with soothing, live music in our hospital room; for encouraging us.

#### **Life Savers' Stories**

**Ed Wakin** has had hereditary heart



Cynthia and her daughter, Abigail

failure for years. He credits his cardiologist, electrophysiologist and his beloved dog for saving not only his life, but his quality of life. To express his thanks, Ed made a gift in his will to help others. His gift to the Foundation will benefit Canine Companions for Independence®. It

will assist in providing service dogs to adults and children with physical and developmental limitations.

**Linda and Don Barnett** set up two charitable gift annuities in thanks for the physicians and nurses who saved Don's life from leukemia. Don just celebrated the 15th anniversary of his bone marrow transplant with his

Baylor family. Their gift annuities pay Don and Linda an income during their lifetimes and will ultimately create a fund to help save the lives of others with leukemia.

**Carletta Ramsay** gave the proceeds from her IRA to the Foundation in thanks for her pulmonologist who sustained her life for years beyond her original prognosis. Her gift is providing other COPD sufferers with a program that extends the quality of their lives, as it did hers.

**Cynthia Krause** is leaving a gift in

her will in thanks for all who cared for her and the triplets she carried in 1992. After eight weeks in a Baylor hospital bed, her doctors delivered her babies at 28 ½ weeks; each weighed between 1 and 2 pounds. Five days later, two babies died. Cynthia says her Baylor family surrounded her – clinically, emotionally and spiritually. Seven weeks later, her daughter came home on December 15; their Christmas miracle. Today she has a beautiful, healthy 24-year-old. Cynthia will leave her legacy to

Baylor's neonatal department, which saves lives every day.

When words can never express our gratitude, legacies of thanks through our **Life Savings, Saving Lives** initiative can leave a lasting heritage to benefit others.

For more information on planned giving, contact Cynthia Krause at 214.820.7928 or [www.BaylorHealth-PlannedGiving.com](http://www.BaylorHealth-PlannedGiving.com).

*Baylor Health Care System Foundation does not provide legal, accounting or tax advice. Please consult your professional advisors for assistance in these areas.*

## LIFE SAVINGS, SAVING LIVES™

What if you could take care of yourself  
and still help others?

Now there's a permanent way!

### The IRA Charitable Rollover

For information, contact  
Cynthia Krause at 214.820.7928  
or [Cynthia.Krause@BSWHealth.org](mailto:Cynthia.Krause@BSWHealth.org)

[www.BaylorHealth-PlannedGiving.com](http://www.BaylorHealth-PlannedGiving.com)

Let's Move Mountains



## Entertainer and breast cancer survivor Rita Wilson brings humor and humanity to 17th annual Celebrating Women luncheon

On October 20, Baylor Health Care System Foundation celebrated the 17th annual **Celebrating Women** luncheon. The 2016 luncheon, presented by **Tom Thumb** for the 12th consecutive year, raised \$1.8 million to benefit Baylor Scott & White Health's fight against breast cancer in North Texas.

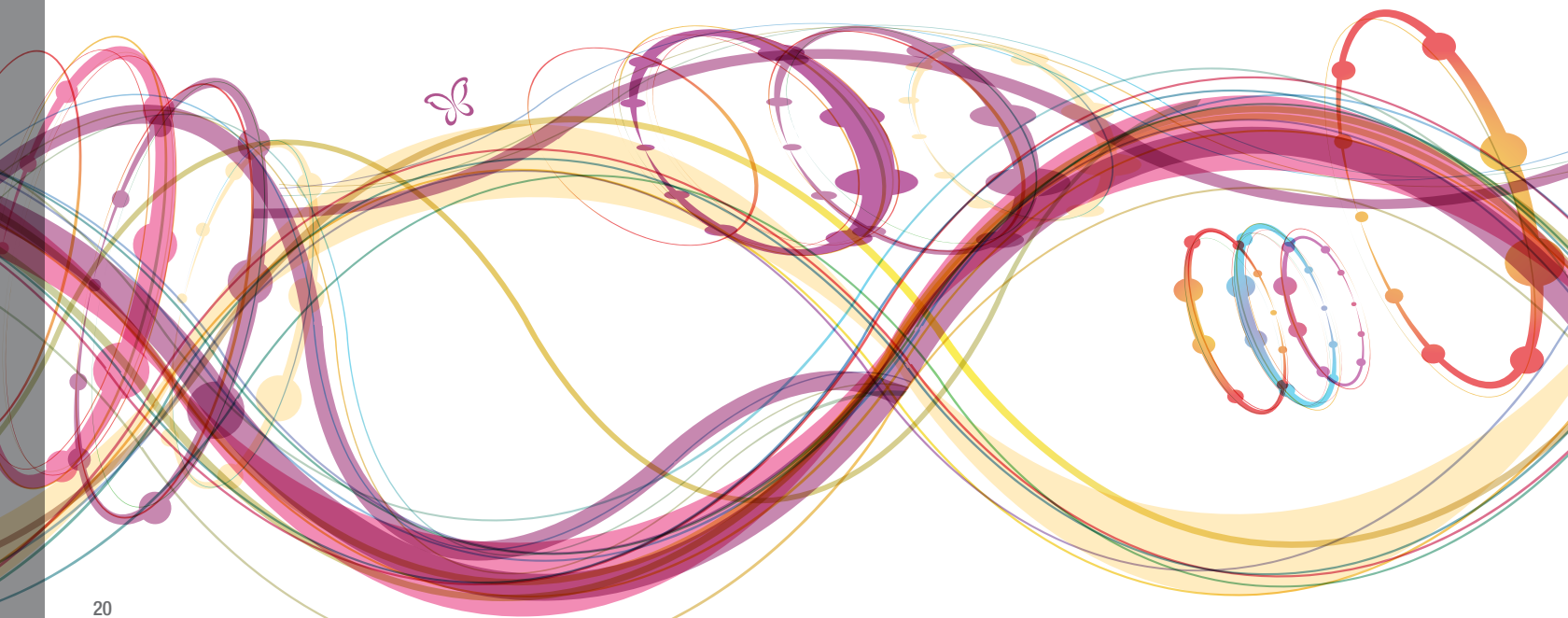
Since the first Celebrating Women luncheon in 2000, more than \$28 million has been raised to support breast cancer initiatives at Baylor Scott & White Health.

This year's event was chaired by **Aileen Pratt** with **Gloria Eulich Martindale** serving as underwriting chairman. **Diane and Joel T. Allison** served as honorary chairmen.

Breast cancer survivor and multi-talented actress, producer, writer

and singer, **Rita Wilson**, was the featured speaker. During a Q&A session in which she was interviewed by Rowland K. Robinson, president of Baylor Health Care System Foundation, she discussed her family, career highlights, and her breast cancer diagnosis and journey.

For those in the audience just starting their journey with the disease, Rita advised, "Trust your instincts and your gut. Don't be afraid to ask for a second opinion, for your doctor or for your pathology. For those going through treatment or are about to go through treatment, I know it feels like it's never going to end, but there is a light at the end of the tunnel. You're going to be able to see that light sooner than you think."

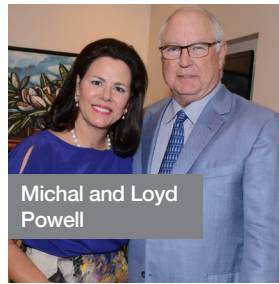




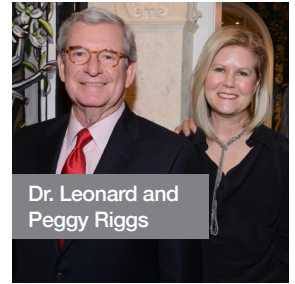
Gloria Eulich Martindale, Connie Yates and Aileen Pratt



Debbie Oates, Pam Perella, Christie Carter and Claire Emanuelson



Michal and Loyd Powell



Dr. Leonard and Peggy Riggs



Toni Pickens, Gene Jones and Lana Andrews



Jack Pratt, Lisa Troutt and Rowland Robinson



Lynn McBee, Caren Kline and Roslyn Dawson Thompson



Norm and Kelly Green



Lana and Barry Andrews



Anita Arnold, Lee Ann White, Gayle Stoffel and Deborah Gunter



Joel and Diane Allison, Rita Wilson and Rowland K. Robinson



Elisa Summers, Al Hill Jr. and Heather Washburne



Emilynn Wilson, Nancy Carter and Vicky Lattner



Jill Smith and Trisha Wilson



Claire Emanuelson, Shelle Sills, Pam Perella, Pat McEvoy and Nancy Rogers



## ◆ From the Chair

Finally! Cool weather has come to Dallas! I love the fall, love the leaves

blowing every-where, love the cool nights and sunshiny days. Somehow it just gets my juices flowing, and I start thinking of all the family and friends I will enjoy seeing during the coming months. These people in our lives give us energy, confirm that we are truly alive and remind us to be thankful for our blessings. I hope you take time to enjoy and acknowledge these same feelings as you contemplate your growing “to do” list, that usually comes with fall and the festivities!

We have had a grand year at the Foundation and in this *torch* you will read about some of the highlights. *Celebrating Women* was a resounding success again – thanks to all who worked so hard under the gracious leadership of Chairman **Aileen Pratt** and Underwriting Chairman **Gloria Martindale**. *Grand Rounds Golf Tournament* was super fun with perfect weather and much appreciated Baylor “swag” again this year. And, who said you can’t take time for a grilled lamb chop on the way to your next tee?! The *Diabetes Health and Wellness Institute Healthy Harvest Fun Walk/5K Run* was so successful and has grown so much through the years, which you can also read about.

You will read about our friend and

mentor, leader and encourager, **Joel T. Allison**. His legacy of service is quite remarkable in its depth and breadth. We are so sad to lose Joel and **Diane**, but I know our new CEO, **Jim Hinton**, will be a fresh new wind to blow that sadness away and help Baylor fly to even greater heights.

In these pages, you’ll learn about research on digestive diseases – the topic for our December Foundation board meeting. You will read of some very remarkable gifts to the Foundation from some very generous folks. If you have not completed all your year-end giving, don’t forget to include Baylor; we make every nickel count and will certainly put your gift to hard work for our patients!

As I look to the coming holidays, I think of you and thank you for your continued support of Baylor’s mission and leave you with this blessing:

*“May the One who brings comfort surround you with goodness and strength.  
May your spirit be calmed and renewed.  
May you find wisdom to guide you in your journey.  
May you and your loved ones know hope and peace.”*

– Author unknown

Margo Goodwin

Chair, Board of Directors  
Baylor Health Care System Foundation



TO LEARN MORE ABOUT ANY BAYLOR HEALTH CARE SYSTEM FOUNDATION INITIATIVE,  
CONTACT THE FOUNDATION AT 214.820.3136 OR EMAIL [FOUNDATION@BAYLORHEALTH.EDU](mailto:FOUNDATION@BAYLORHEALTH.EDU).  
WRITE TO US AT 3600 GASTON AVENUE, BARNETT TOWER SUITE 100, DALLAS, TX 75246-1800.